



THE BEST OPPORTUNITIES IN SPORT

More than sport

www.multisportscoaching.co.uk
info@multisportscoaching.co.uk

MULTISPORTS COACHING

The best opportunities in sport

Parents love us...

"We can't speak highly enough about MultiSports!"

Our son has attended both their after-school clubs and holiday camps and he LOVES going. The coaches are fantastic and we trust them implicitly - they cater for all ages and abilities and they really go out of their way to foster an inclusive environment"

Lizzie Morris

Parent at Gorsey Bank Primary School



Children love us...

"I wish I could do it every day...we play the best games"

"It's my favourite class of the week. I like running around with my friends and the coaches are good because they make me happy!"

Children at Woodford Primary School



Schools love us...

"We have worked in partnership for several years now and their classes and holiday camps are always popular with our pupils. They provide a broad range of exciting activities to keep the children fully engaged and interested. Lauren and James are always a pleasure to work with and show real dedication and passion in what they do."

Julia Langford

Headteacher at The Ryleys School



ABOUT US

Are you looking for a sports coaching provider with a difference?

Innovative, forward-thinking and bringing a NEW approach to sport.

We're passionate about ensuring all children love being active, taking part in sport & trying new things.

Our mission is to ensure every child loves being active and participating in sports so no parent or teacher can say their child is 'not sporty'. We do this through highly qualified coaching, unique games and structured programmes that are age appropriate, fun and engaging.

We challenge children and push them to be the very best versions they can be. Our incredible coaching team get to know every child and know how to help them reach their full potential.



Passionate



Highly
Qualified



Innovative



Experienced

360 sport
support for
primary
school aged
children.



WHAT WE OFFER



In School



Extra-Curricular
Clubs



Holiday
Camps



Parties



Pre-School
programme

IN SCHOOL



PE

We deliver outstanding physical education lessons across a wide range of schools to help improve the quality of sport children receive. Specialist coaches who are highly qualified, enthusiastic and knowledgeable help every child enjoy their lessons and ensure children are not only performing but are creating active habits that will stay with them long into adulthood!

Lunchtime Provision

Our coaches visit schools at lunchtime to give children the opportunity to try sports they wouldn't otherwise try, to help make sure lunchtimes are structured and to offer routine at a time of the day when the playground is busy! Our coaches run structured games which children enjoy being part of... schools say they notice the difference when coaches aren't there!

CPD

Schools choose us to help improve the quality of PE delivery as our coaches understand how a PE lesson should be delivered and are able to help class teachers with session plans, content ideas & delivery. Our programme is comprehensive and extends right through from Early Years to KS2.



High Achievers Programme

Talent should never be ignored! Just like in Maths, English or Science, children who are gifted and talented in sport should also be recognised. We support those pupils with further opportunities to be challenged and help open the doors to possibilities that extend out of the school environment.

Sports Day

A school classic... with a modern twist. Bring our coaches in to deliver the most amazing sports day parents will be talking about all summer! Competition done in the right way... Medals, certifications and awards... And relays, obstacles and races like you've never seen before...

Sports Week

Sports Week is the perfect opportunity to offer students new and exciting sports to try! From ultimate frisbee to tri-golf, padel tennis to pickleball, we put together a tailored plan for each school which offers every class the chance to explore something new.

Additional Support Sessions

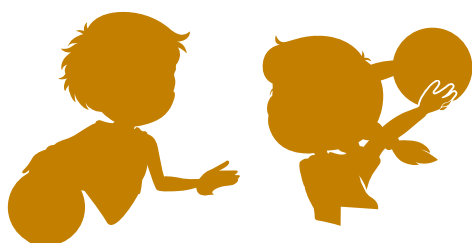
For small groups of children who need additional support with their physical skills or for pupils who love being out of the classroom. We can tailor small size classes to help make sure every child is reaching their goals both in and out of the classroom.



EXTRA-CURRICULAR CLUBS

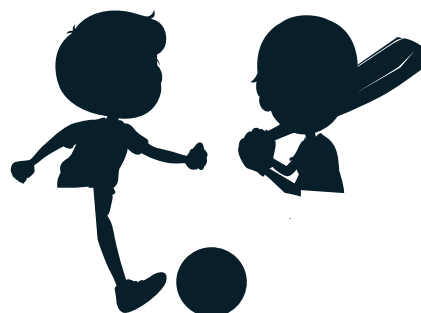
Explore our range of unique programmes you won't find anywhere else (MultiSkills & MultiSports) as well as our individual sports clubs.

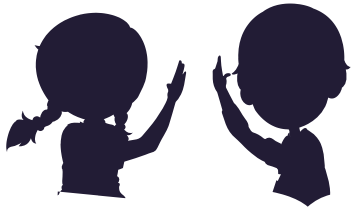
MultiSkills
(4-7 years)



MultiSports
(8-11 years)

Sport Specific
Clubs
(4-11 years)





MULTISKILLS (KS1 PROGRAMME)

Children in Reception – Year 2

Our unique programme of games you won't find anywhere else which work on fundamental movements & key transferable skills!

Ensuring all children have the confidence & capabilities to enjoy any sports

Giving every child the best introduction to sport & physical activity

Parents often say their child isn't sporty when most of the time it's simply because they don't have the basic skills or aren't confident enough to give it a go!

Ensuring every child runs into KS2 enjoying sport by teaching so much more than just the physical skills.

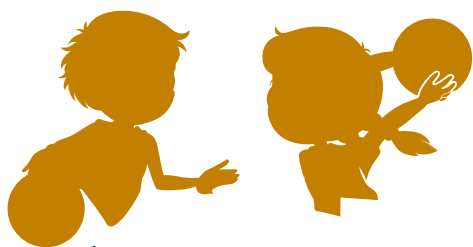
Fun, engaging, structured games tailored around the PE curriculum

Agility, Balance, Coordination, Teamwork, Resilience, Attacking & Defending, Movement patterns, Competitiveness, Strength

Why are we different?

- Small groups, low ratios
- Themed sessions
- Unique programme of games
- Competition & opportunities to win
- Medals & Certificates at the end of each term





MULTISPORTS (KS2 PROGRAMME)

Children in Year 3-6

A club with a twist... a high energy, unique club which incorporates a range of different sports including some you may not have tried before!

Giving children the opportunity to try a wider range of sports and find their thing through high quality coaching and experts in the sports

The perfect club for every child who loves sport, wants to get into sport or is searching for their sport

The programme consists of 6 different topics; 3 **individual or partner sports** & the other 3 are **team sports**.

Children take part in a year-long programme which provides them not only with chances to try new things but also rewards for doing so! Certificates, Medals & Badges for completing the various stages.

Multiple sports, multiple skills, multiple opportunities to learn new things!

Why are we different?

- Bronze, Silver & Gold medal awards
- Progression throughout the year
- Master individual & team sports
- Wide range of sports in one programme



SPORT SPECIFIC CLUBS

Alongside our **unique extra-curricular programmes**, we also offer **sport-specific clubs...** and we are confident we can deliver these in an unrivalled way through our best-in-class programmes!

Schools can choose the clubs best suited to their needs.

All our programmes are structured and delivered by **qualified coaches** who actively coach, they don't just facilitate games.



Football

A hugely popular club! All of our coaches are FA & UEFA qualified to deliver outstanding football clubs that allows children to practice more than matches through ball mastery, shooting, passing games & drills.



Tennis

A brilliant racket sport working to improve hand-eye coordination. Age-appropriate equipment and fun games for everybody to enjoy.



Netball

A fantastic, always popular team sport which incorporates a wide range of skills and allows players to practice their shooting & teamwork skills.



Dodgeball

A great club in the UK where moving around is important... especially in the winter! Learn how to duck, dive, dodge & deflect!



Hockey

If you're looking for a team sport which really tests your ability to work together, hockey is a fantastic sport for enhancing a whole range of skills from agility, balance, coordination to sportsmanship.



Gymnastics

Our gymnastics club gives children a fantastic foundation - they learn rolls, balances, twists, turns, leaps, jumps and more through a mix of floor, mat, bench and bar work.



Padel Tennis



Innovative form of tennis that is fun, easy to learn and extremely sociable! A fast-growing sport with skills children can pick up quickly.

Basketball



Learn how to shoot some hoops, dribble, pass and defend! Test your athleticism, jumping, speed & stamina.

Cricket



A popular British summer bat and ball game. Learn how to bat, bowl, field and be a backstop in the sport that really will perfect everybody's hand-eye coordination.

Tri-Golf



A faster pace, easy to learn version of golf. Have fun and stay energetic making your way around the school as you hit targets and build a good golf foundation.

Dance



Move rhythmically to music and learn a wide range of dances; street, contemporary, hip hop, musical theatre, acro & modern

Tag Rugby



A minimal contact version of rugby which helps learn how to dodge, evade, defend and attack.

Athletics



Compete in our track and field programme which works on a range of sporting events; throwing, jumping & running. Practice hurdles, javelin, relays and more.

Curling



A game for the most strategic thinkers! Play clever and brush up on your accuracy skills in this enjoyable target practice activity.

Rounders



Bat and ball games are a great way to practice communication and teamwork skills. Take turns to be batters, bowlers & fielders to fully understand the game!



PRE-SCHOOL PROGRAMME – MINISPORTS

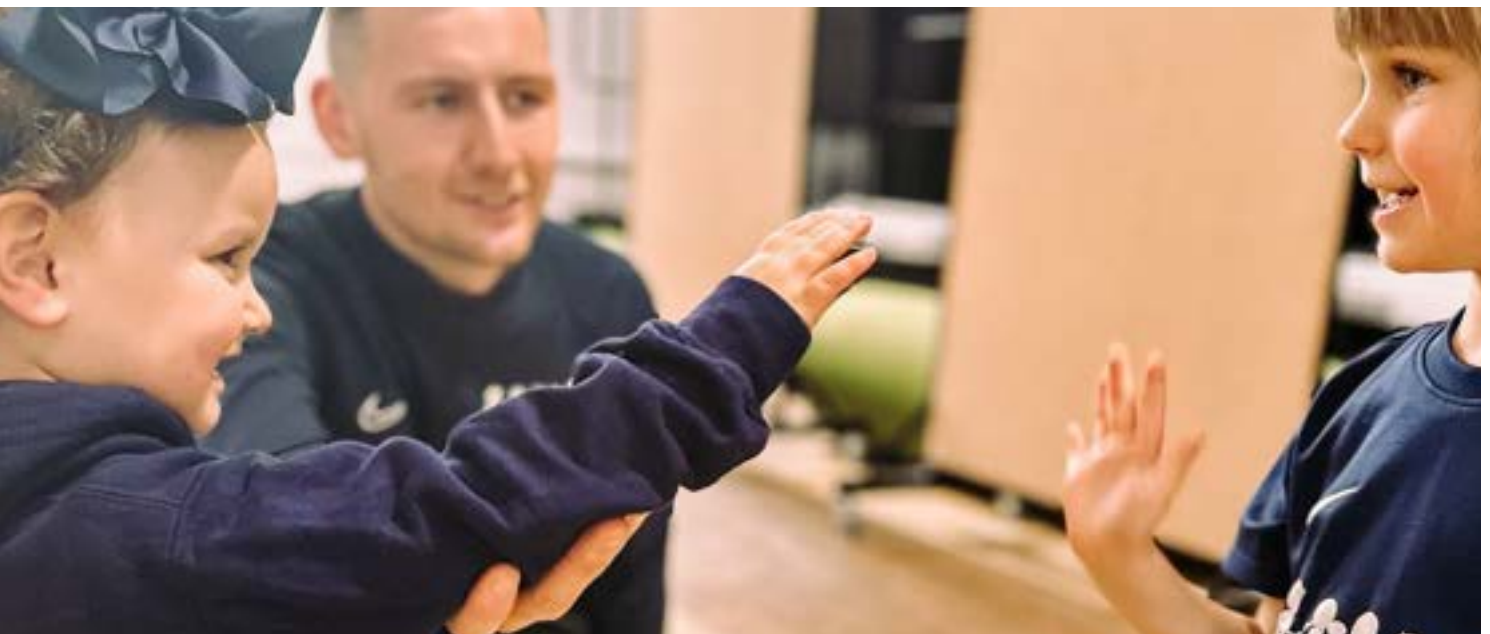
If your school has a nursery/early years department and you're looking to give your little ones the best introduction to sport, please take a look at our famous MiniSports programme.

www.minisportscoaching.co.uk

Suitable for children aged 18 months – 5 years... there is no other session like it!

Low ratios, early years specialist coaches & an unrivalled programme.

MiniSports are the only pre-school sports provider that works on ALL areas of the Early Years Foundation Stage Curriculum (EYFS).



HOLIDAY CAMPS

We pride ourselves on being so much more than just childcare!

If you're looking for a holiday camp that children will be asking to go back to, MultiSports Coaching is the place to spend half term. We pride ourselves on giving children a wide range of exciting activities in a safe, comfortable environment.

- Low ratios
- OFSTED Registered
- Flexibility
- Qualified, full-time coaches
- Safe, secure school grounds
- Extensive facilities
- Wide range of activities, sports & games

We go above & beyond to make sure children look back on their time at our camps with the best memories and that parents drop off every day with confidence, worries or concerns!



Attention Schools...

We are always looking for new school partners and new venues for our holiday camps. If you are interested in working with us next half term, please get in touch info@multisportscoaching.co.uk



PARTIES

Parties are a way for children to show their friends something they enjoy or to give them a chance to do something fun on their special day!

Our job is to make sure **EVERYONE has fun!**

We can provide single sport parties or our popular MultiSkills (4-7 years) or MultiSports (8-11 years) programmes if you want something totally unique!

Our coaches deliver parties every weekend so you couldn't be in better hands.

We can simply turn up to provide the activities or help with venues, food, party bags & more.

Choose from our flexible packages from 10-30 children.

<p>Package 1</p> <p>Up to 15 children</p> <p>1 hour of games/sport</p> <p>Games of your choice</p> <p>Gift for the birthday boy/girl</p> <p>£150</p>	<p>Package 2</p> <p>Up to 25 children</p> <p>1 hour 15 mins of games/sport</p> <p>Games of your choice</p> <p>Gift for the birthday boy/girl</p> <p>£180</p>	<p>Package 3</p> <p>Up to 30 children</p> <p>1 hour 15 mins of games/sport</p> <p>Games of your choice</p> <p>Gift for the birthday boy/girl</p> <p>£210</p>
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We can help with...



VIP PARTY PACKAGE
 Please ask about our VIP party package
 (in partnership with Cheshire Party Planner)

GET IN TOUCH



info@multisportscoaching.co.uk

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